

**Seniors' Health and Wellness Advisory Group
IHSP Refresh Questions & Discussions Notes**

May 12th, 2009

1. From your perspective, are there innovative programs or services the LHIN could implement to support seniors to live at home?

- Support for caregivers of cognitively/behaviourally impaired clients
- Respite
- Homemaking/home maintenance
- Home monitoring
- Co-op people with like needs
- Educational programs (target young seniors) – on improvements that can be made in current home re: accessibility, be proactive: push builders to modify design; checklist for home safety
- Seniors helping seniors
- HHR: multi-skilled worker/scope of practice/education
- Everyone's role – information that is non-judgmental
- Training for caregivers: hands-on experience, share experienced, lifting/transfers, community resources, pharmacists to talk about medications
- System navigators, online
- Non-disease based programs and services
- Caregiver support groups
- Overnight respite; flexible to meet clients' needs

2. What integration opportunities could be implemented to improve access to care for seniors (for example, palliative care, respite care, geriatric care)?

- Integrated transportation network
- Telemedicine e.g. Halton Hills different resources
- Better knowledge of overall system: options available in community, how to access, cost;
- Engaging younger seniors (40, 50)

3. From your perspective, what services or supports would help minimize and/or reduce the early return visits to ER for patients who recently visited the emergency room?

- Balancing day-to-day life/work and care giving
- Overnight respite; flexible to meet clients' needs
- "Plan of Care"
- Knowing what services clients are looking for/need (case scenarios)
- What to expect – book/guide, education seminars
- Learn from other sectors
- Better access to someone to ask questions

700 Dorval Drive, Suite 500
Oakville, ON L6K 3V3
Tel: 905 337-7131
Toll Free: 1 866 371-5446
Fax: 905 337-8330
www.mississaugahaltonlhin.on.ca

700 Dorval Drive, bureau 500
Oakville, ON L6K 3V3
Téléphone : 905 337-7131
Sans frais : 1 866 371-5446
Télécopieur : 905 337-8330
www.mississaugahaltonlhin.on.ca

- Follow-up when referred services from discharge planner (acute care) are rejected
- Change from case management model to care coordination model
- Self-management programs (e.g. Sanford model)
- Services designed based on Top 10 diagnosis (need data)

4. How can we work collaboratively with others working on the other priority areas (i.e. MH&A, Chronic Conditions, etc)?

- Information exchange (at different forums)
- A cross-sectoral forum

5. How can the results be measured?

N/A

OTHER:

- Decreasing workforce:
 - Programs are human-resource intensive
 - More workloads with smaller workforce
- No emphasis on prevention (spectrum of care)
- Focus on frail/complex → others become at risk (cyclical)
- Role of LHIN – Advocacy?